## (LCN Connections Issue 18 – October 2016)

## THE FOND DU LAC LOCAL CHAPTER GROUP

by Lisa Riber

The Fond du Lac Local Chapter Group has been meeting since the beginning of 2013. We are happy to say that we have only missed one month in these last few years! We meet once a month and do two meditations. Right now we are working our way through the Gateway Experience Home Series. We are starting Wave 3—Freedom. It is being well received by our group. Going through the Gateway Experience is really giving the members a feel for the program. The comments on experiences in Wave 2 were really telling. One member loved the Color Breathing very much and stated she would be using it daily! We all enjoyed the Energy Bar Tool exercise. I pointed out that these exercises are intended to give us tools for our daily lives. Use them! I find the energy bar tool one of my personal favorites.

Another thing the Fond du Lac chapter does is host one Excursion workshop each year. Our next workshop will be in October. Bob Holbrook, TMI trainer/facilitator comes up from Chicago and leads our group for two days. We average 20 people at the workshop. Bob will be guiding us in getting to know our inner selves more deeply and playing a little with remote viewing. Remote viewing was very well received at last years workshop and there were requests for more! It is very fulfilling to bring TMI to Fond du Lac in this way and I am so proud to be a part of it.

I have included a photo from one of our workshops. You can see we created some good energy...

